



Wellness is Traditional

JOB ANNOUNCEMENT

Position Title: Mental Health Therapist
Department: Kumeyaay Family Services/Mental Wellness
Supervised By: Mental Wellness Coordinator
Location: Alpine/Campo
Status: Exempt (licensed)/Non-exempt (license eligible)
Posted: June 1, 2015
Closing Date: Until Filled
Salary: \$40,000-\$45,000/year Non-Exempt License Eligible (MFTI, ASW, Psych Assistant)
\$62,979-89,561/year Exempt Licensed (Licensed Clinical Psychologist, LCSW, MFT)
Hours: Full time, Monday-Friday, 8:00AM-4:30PM

GENERAL STATEMENT OF RESPONSIBILITIES:

The Mental Health Therapist is responsible for providing direct individual, couple, family, and group counseling for children, adolescents, teens and adults clients in the restricted service area of Southern Indian Health Council, Inc. (SIHC). Therapeutic services focus systemic issues contributing to the development of chemical dependency, domestic violence, abuse, mental health diagnoses, relationships, and other practical issues. The therapist will collaborate with P.E.I. and mental health staff, other SIHC departments, referral sources, and other collateral contacts as appropriate. The therapist may participate in organizing culturally relevant prevention education activities in the community and act as a bridge between the Indian community, SIHC, and other community organizations to facilitate access to appropriate services. The therapist shall assess all referrals made by outside agencies for stability, appropriateness and eligibility. This position works under the direct supervision of the P.E.I./Mental Wellness Supervisor.

SPECIFIC DUTIES AND RESPONSIBILITIES:

1. Provide therapy to individuals, couples, families, and groups with general knowledge in the areas of prevention, intervention, abuse and trauma, DSM-IV-TR diagnoses, domestic violence dynamics, addictive behavior and developmental issues.

2. Offer a full spectrum of services related to mental wellness including education, assessment, crisis intervention, safety planning, family support, case management and referral to services not provided by SIHC.
3. Cooperate and collaborate with multidisciplinary treatment approaches as appropriate.
4. Assist in the development and provision of outreach services to educate the Indian community regarding mental health and wellness. Outreach will include, but is not limited to, prevention education on reservation sites, in patients' homes, work sites, schools, detention centers, inpatient units, jails and prisons.
5. Assist and support clients in their interactions with the court, legal proceedings, SARMS, probation and parole departments, CPS, drug and alcohol programs/counselors, and other professional organizations and entities.
6. Systematically prioritize and manage caseload taking into account schedule, acuity of the patients, and program requirements. etc.
7. Professionally and respectfully represent Southern Indian Health Council in the tribal community, greater San Diego community as well as clinical and legal arenas.
8. Document succinct and comprehensive case records in a timely and consistent manner in accordance with agency policies, ethical guidelines and legal and regulatory requirements.
9. Adhere strictly to the laws and ethics related to privacy and confidentiality at all times.
10. Consistently make recommendations on the basis of clinical information with consultation from supervisors.
11. Allow for, and encourage, traditional cultural practices that are consistent with spiritual beliefs and serve as protective factors.
12. Attend program, clinical, or administrative meetings and trainings as required.
13. Participate in activities and trainings which enhance professional development.
14. Provide statistical reports to the Program Director and Board of Directors as required.

15. Other duties as assigned.

QUALIFICATIONS:

1. **Education/Experience:** A minimum of 2 years of experience in the counseling field, with at least 1 year out-patient counseling experience. Position requires a Master's degree in a counseling field such as an MA in counseling/psychology or MSW. Registration with the California Board of Psychology, Board of Behavioral Sciences or other governing board will be required. **Strong preference that applicant hold a license with the California Board of Psychology or Board of Behavioral Sciences. Acceptable licensure includes Licensed Clinical Psychologist, MFT or LCSW. Applicant must maintain that license in good standing throughout employment. Individuals who hold degrees in a counseling field (MA, Ph.D., or Psy.D.) and are license eligible or accruing hours towards licensure may apply.** Applicant must have excellent interpersonal, oral and written communication skills. Must be familiar and comfortable using computer programs including Microsoft Suite components or equivalent. Past success working with multi-cultural communities, preferably Native American/Alaska Natives, should be demonstrated. Applicant shall be able and/or willing to work with all ages. Must possess the ability to work with tribal officials, county agencies, tribal community members, funding agencies, and SIHC departments. Possess abilities to: work flexible hours as required to meet department needs; facilitate and negotiate and resolve issues professionally; work collaboratively in a team approach; effectively communicate with confidence and knowledge to staff and clients; maintain up-to-date files for documentation of case activity; complete and submit reports and documentation in a timely fashion; and work semi-independently while being responsive to supervision.

Applicant must be able to adapt to changing situations and circumstances and handle pressure with dignity, in all circumstances maintaining confidentiality. Possess an ability to act professionally at all times in the workplace and the community.

2. **Licenses/Certifications:** A valid California driver's license required with application submission and must be maintained throughout employment. Current certifications and/or licenses appropriate to the position's required education and profession.
3. **Character:** Applicants must have a reputation for honesty and trustworthiness. Must be responsible and able to exercise good judgment, accept administrative supervision, pay attention to detail, follow instructions, including the ability to interact effectively and communicate with people in a professional and courteous manner. Must be highly confidential and respect

confidentiality to all limits of the governing laws and ethics. Applicant must be able to work as a team with other staff. Applicant should be sensitive to client's needs and knowledgeable about the local Indian community.

4. **Other:** Applicants should have thorough knowledge of the laws, rules, and regulations governing clinical treatment, patient records, and reporting procedures. Applicant must be versed in crisis intervention techniques and the cultural practices of Native Americans. Applicant must participate in quality reviews; adhere to professional standards, federal, state, and local requirements; maintain required insurance and certifications, comply with legal requirements; and, adhere to licensure code of ethics.

Applicants must successfully pass a pre-employment tuberculin skin test or x-ray, and blood/urine drug screening test. Health must be adequate to perform all duties of the position. Applicants must complete an SIHC application questionnaire and submit it to Human Resources prior to the close dates indicated. The position is primarily responsible to the Alpine clinic though local travel may be required.

INDIAN PREFERENCE: To receive Indian preference for any SIHC position, the applicant must be enrolled, or eligible for enrollment, as an American Indian with their Tribe or the Bureau of Indian Affairs, OR must be certified as an American Indian from their Tribal Chairperson. **Applicants claiming Indian preference must attach verification of their claim to the SIHC Job Application.** If verification is not or cannot be verified, the applicant will not receive Indian preference for the purposes of the interview.