



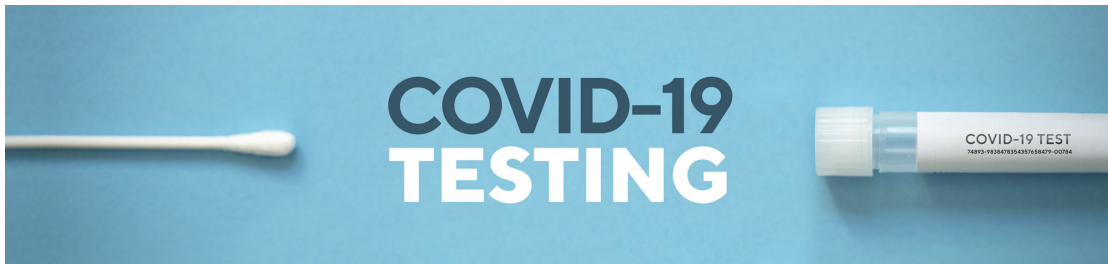
SOUTHERN INDIAN HEALTH COUNCIL, INC.

4058 Willows Road ▪ Alpine, CA 91901
Phone (619) 445-1188 ▪ Fax (619) 659-3144

HOW TO GET TESTED FOR COVID -19

- ✓ **You must be a patient at Southern Indian Health Council, Inc.**
- ✓ **You should get tested if:**
 - **You have been in contact with anyone that has tested **positive** for COVID-19.**
 - **You are experiencing; Cough, congestion, runny nose, fever, chills, sore throat, headache, nausea, vomiting, new loss of taste and smell, new onset of shortness of breath and muscle or body aches.**

CALL SIHC TO SCHEDULE YOUR APPOINTMENT



1. Front desk staff will schedule an appointment with your physician or transfer you to one of our Registered Nurses for a **triage** call if needed.
2. Your appointment will be scheduled for a Car or Telehealth (Video) Visit with your physician to get your COVID-19 lab test ordered.
3. If a COVID-19 test is ordered, you will be asked to arrive at the selected clinic location for a COVID-19 lab test specimen collection.

IF YOU ARE SCHEDULED A COVID-19 TESTING APPOINTMENT:



- ❖ You will be asked to wear a face mask and stay in your vehicle until otherwise notified.
- ❖ If you are scheduled a VIDEO visit please make sure to test your device before your appointment.
- ❖ If you are scheduled a telephone visit the provider or medical staff will call you at the time of your appointment.

Please note: SIHC performs the less invasive COVID -19 test.

For additional COVID-19 related questions, you may call - 211 San Diego